

Tomah Aquatic Center
411 E Holton ST



Water Aerobics

Tuesday & Thursday



June 14-Aug 16th

*Lap swim available in lanes 1 & 2



5:30 p.m.-6:15 p.m.

\$3.00 per class

Classes are taught in waist to shoulder deep water. Students control how hard they work; the more effort the better the results!

Join us for a great,
low-impact cardio workout!