

AQUATIC CENTER - SWIM LESSONS

Register Online
Beginning
May 6th

411 EAST HOLTON ST., TAC 374-7446

Parent/Child Aquatics 6 mo to 3 yrs, Parent and Child Aquatics helps young children get ready to swim by emphasizing fun in the water. *Parents and children participate* in several guided practice sessions that help kids learning elementary skills. Children learn basic skills through fun activities, such as blowing bubbles and playing with water toys. Parents with older children work with their children to practice floating, kicking and swimming back to the side of the pool.

Limit 10 per class

Pre-School Aquatics 4 & 5 yrs., Learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing students to achieve success on a regular basis.

Level A Helps children become comfortable in the water and basic water safety, and introduces fundamentals skills, such as kicking.

Level B Focuses on coordinating arm and leg movements and improving upon skills learned in level A

Limit 6 Per class

Learn to Swim (LTS) 6 yrs. to Adult, Our six-level Learn-to-Swim program is unlike anything offered by other learn-to-swim programs. The program is designed for children 6 years all the way up to adults, and students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Each level of Learn-to-Swim includes training in basic water safety and helping others in an emergency, in addition to stroke development

Limit 10 per class

- Level 1: Introduction to Water Skills
- Level 2: Fundamental Aquatic Skills
- Level 3: Stroke Development
- Level 4: Stroke Improvement
- Level 5: Stroke Refinement
- Level 6: Swimming and Skill Proficiency

Class schedule subject to change pending enrollment.

Eight 35 minute classes with Friday Make Ups (2 per sessions)

Swim Lesson Fee:

Residents: **\$25** Non-Residents: **\$45**

Residents must show proof of residency

SEMESTER 1 (WEEKDAYS)

JUNE 17-JUNE 27 Monday-Thursday

Fridays are weather make-ups, limited 2 per session)

AM- 11:10am-11:45am

Pre-School A, LTS 1,2,3,4,5

PM 1- 5:10pm-5:45pm

Parent/Child, Pre-School A, LTS 1,2,3,4

PM 2- 5:50pm-6:25pm

Pre-School B, LTS 1,2,3,4,5

SEMESTER 2 (WEEKDAYS)

JULY 8-JULY 18 Monday-Thursday

Fridays are weather make-ups, limited 2 per session)

AM- 11:10am-11:45am

Pre-School B, LTS 1,2,3,4,6

PM 1- 5:10pm-5:45pm

Pre-School B, LTS 1,2,3,4,5

PM 2- 5:50pm-6:25pm

Parent/Child, Pre-School A, LTS 1,2,3,6

SEMESTER 3 (WEEKDAYS)

JULY 22-AUG 1 Monday-Thursday

Fridays are weather make-ups, limited 2 per session)

AM- 11:10am-11:45am

Parent/Child, Pre-School B, LTS 1,2, 3, 5,

PM 1- 5:10pm-5:45pm

Parent/Child, Pre-School B, LTS 2,3,4,6

PM 2- 5:50-6:25pm

Pre-School A, LTS 1,2,3,4,5,

Online Registration

How to Register

1. www.tomahonline.com
 2. click Tomah Parks & Recreation
 3. click **Online Registration** to sign in to existing account or create a new account
 4. Once you have an account, click **Programs** to register
- Online Summer registration begins May 6th**

**Questions? 608-374-7445

Walk in Registration: Tomah Aquatic Center during pool hours starting June 8th