

FALL GYMNASTICS 2019

EXHIBIT BUILDING, RECREATION PARK (1625 BUTTS AVE)

YOUTH GYMNASTICS

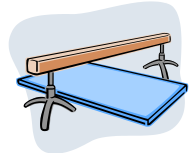
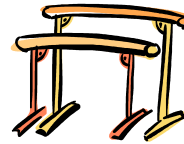
Days: Monday, Tuesday, Wednesday, & Thursday

Season Starts Sept. 9th

Session scheduled for 8 weeks.

Lead Instructor: Karen Brown

TOMAH
Parks & Rec



Class Information:

- Pre-School-Ages 3-5
- 6+Beginners: Working on cartwheels, rolls-backward and forward, learning basics on vault, bars and beams.
- Advanced Beginners: Passed beginners class-able to do cartwheels and rolls to their feet. Working on 1 arm cartwheels, roundoffs, bridge kickovers, handstand forward rolls. Also more advanced on equipment.
- Intermediates: Passed Adv. Beginners, able to do things mentioned above. Working on walkovers, handsprings. Beam-rolls and cartwheels. Bars-on high bar.
- Advanced Intermediates: Pass intermediates-working on perfecting roundoff back handsprings, tucks. Can also attend intermediate classes.

Please Note:

Parents will only be allowed to attend and remain at the **first** and **final** nights of the season in order for the instructors to have the gymnasts undivided attention.

Exception:

Pre-School parents recommended to stay.

Mondays:

- Pre-School (3-5yr) 4:00pm-4:45pm \$35
- Pre-School (3-5yr) 4:45pm-5:30pm \$35
- Advanced Beginners 5:30pm-6:30pm \$35
- Intermediates 6:30pm-8:00pm \$45

Tuesdays:

- Beginners (6yrs and up) 4:30pm-5:30pm \$35
- Advanced Beginners 5:30pm-6:30pm \$35
- Advance Intermediates 6:30pm-8:00pm \$45

Wednesday: Parent/Tot

3yrs and younger with parent

- Session 1 Sept. 11-Oct. 2 4:00pm-4:30pm \$20
- Session 2 Oct. 9- 30 4:00pm-4:30pm \$20

Wednesdays:

- Pre-School (3-5yr) 4:30pm-5:15pm \$35
- Beginners (6yrs and up) 5:15pm-6:15pm \$35
- Intermediates 6:15pm-7:45pm \$45

Thursdays: (no class Oct. 31)

- Pre-School (3-5yr) 4:30pm-5:15pm \$35
- Pre-School (3-5yr) 5:15pm-6:00pm \$35
- Beginners (6yrs and up) 6:00pm-7:00pm \$35
- Advanced Beginners 7:00pm-8:00pm \$35

REGISTRATION PROCEDURES

To Register for Programs Visit: www.tomahonline.com,
Click Parks and Recreation,
Click **ONLINE** Registration

Click **Log In** (sign in to existing Account or create new account)

Payment is due at time of Registration

Sign up begins Monday, August 26th