

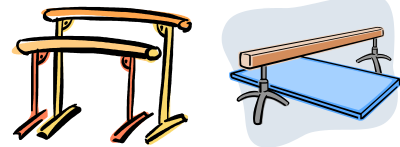
FALL GYMNASTICS 2018

EXHIBIT BUILDING, RECREATION PARK (1625 BUTTS AVE)

YOUTH GYMNASTICS

Days: Monday, Tuesday, Wednesday, & Thursday

TOMAH
Parks & Rec



Season Starts Sept. 4th

Session scheduled for 8 weeks.

Lead Instructor: Karen Brown

Class Information:

- Pre-School-Ages 3-5
- 6+Beginners: Working on cartwheels, rolls-backward and forward, learning basics on vault, bars and beams.
- Advanced Beginners: Passed beginners class-able to do cartwheels and rolls to their feet. Working on 1 arm cartwheels, roundoffs, bridge kickovers, handstand forward rolls. Also more advanced on equipment.
- Intermediates: Passed Adv. Beginners, able to do things mentioned above. Working on walkovers, handsprings. Beam-rolls and cartwheels. Bars-on high bar.
- Advanced Intermediates: Pass intermediates-working on perfecting roundoff back handsprings, tucks. Can also attend intermediate classes.

Please Note:

Parents will only be allowed to attend and remain at the **first** and **final** nights of the season in order for the instructors to have the gymnasts undivided attention.

Exception:

Pre-School parents recommended to stay.

Mondays:

- Pre-School (3-5yr) 4:00pm-4:45pm \$35
- Pre-School (3-5yr) 4:45pm-5:30pm \$35
- Advanced Beginners 5:30pm-6:30pm \$35
- Intermediates 6:30pm-8:00pm \$45

Tuesdays:

- Beginners (6yrs and up) 4:30pm-5:30pm \$35
- Advanced Beginners 5:30pm-6:30pm \$35
- Advance Intermediates 6:30pm-8:00pm \$45

Wednesday: Parent/Tot

3yrs and younger with parent

- Session 1 Sept. 5-Sept. 26 4:00pm-4:30pm \$20
- Session 2 Oct. 3- 24 4:00pm-4:30pm \$20

Wednesdays:

- Pre-School (3-5yr) 4:30pm-5:15pm \$35
- Beginners (6yrs and up) 5:15pm-6:15pm \$35
- Intermediates 6:15pm-7:15pm \$35

Thursdays: (no class Oct. 4)

- Pre-School (3-5yr) 4:30pm-5:15pm \$35
- Pre-School (3-5yr) 5:15pm-6:00pm \$35
- Beginners (6yrs and up) 6:00pm-7:00pm \$35
- Advanced Beginners 7:00pm-8:00pm \$35

REGISTRATION PROCEDURES

To Register for Programs Visit: www.tomahonline.com,

Click Parks and Recreation,

Click ONLINE Registration

Click Log In (sign in to existing Account or create new account)

Payment is due at time of Registration

Sign up begins Monday, August 20th