

# FALL GYMNASTICS 2017

EXHIBIT BUILDING, RECREATION PARK (1625 BUTTS AVE)

## YOUTH GYMNASTICS

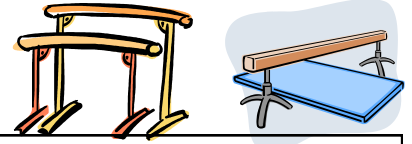
FOR AGES: 3 AND UP Boy's & Girl's

Days: Monday, Tuesday, Wednesday, & Thursday

Season Starts **SEPTEMBER 11**

Supervisor: Karen Brown

**TOMAH**  
*Parks & Rec*



### Class Information:

- Pre-School-Ages 3-5
- 6+Beginners: Working on cartwheels, rolls-backward and forward, learning basics on vault, bars and beams.
- Advanced Beginners: Passed beginners class-able to do cartwheels and rolls to their feet. Working on 1 arm cartwheels, roundoffs, bridge kickovers, handstand forward rolls. Also more advanced on equipment.
- Intermediates: Passed Adv. Beginners, able to do things mentioned above. Working on walkovers, handsprings. Beam-rolls and cartwheels. Bars-on high bar.
- Advanced Intermediates: Pass intermediates-working on perfecting roundoff back handsprings, tucks. Can also attend intermediate classes.

### Please Note:

Parents will only be allowed to attend and remain at the **first** and **final** nights of the season in order for the instructors to have the gymnasts undivided attention.

### Exception:

Pre-School parents recommended to stay.

### Mondays: 8 weeks

- Advanced Beginners 4:30pm-5:30pm \$35
- Intermediates 5:30pm-6:30pm \$35
- Advanced Intermediates 6:30pm-8:00pm \$45

### Tuesdays: 7 weeks (no class Oct. 31)

- Pre-School (3-5yr) 4:00pm-4:45pm \$30
- Pre-School (3-5yr) 4:45pm-5:30pm \$30
- Advanced Beginners 5:30pm-6:30pm \$30
- Intermediates: 6:30pm-8:00pm \$40

### Wednesdays: 7 weeks (no class Oct. 11)

- Pre-School (3-5yr) 4:30pm-5:15pm \$30
- Beginners (6yrs and up) 5:15pm-6:15pm \$30
- Advanced Beginners 6:15pm-7:15pm \$30

### Wednesdays: Parent/Tot

3yrs and younger with parent

- Session 1 Sept 13- Oct 4 4:00pm-4:30pm \$20
- Session 2 Oct 11-Nov 1 4:00pm-4:30pm \$20

### Thursdays: 7 weeks (no class Oct. 12)

- Pre-School (3-5yr) 4:30pm-5:15pm \$30
- Pre-School (3-5yr) 5:15pm-6:00pm \$30
- Beginners (6yrs and up) 6:00pm-7:00pm \$30
- Beginners (6yrs and up) 7:00pm-8:00pm \$30

## **\* Online Registration\***

### **How to Register**

- 1. Go to <http://tomah.recdesk.com/recdeskportal> or Visit [www.tomahonline.com](http://www.tomahonline.com) click on Tomah Parks and Recreation and then online registration.**
- 2. Create an Account**
- 3. Once you have an account you may register for programs beginning **AUGUST 28TH**, by selecting programs.**